

Solihull Lifestyle Service

Referral form



The Solihull Integrated Lifestyle Service is delivered by Gateway Family Services and its primary partners. We can support with a wide range of lifestyle changes including stopping smoking, losing weight, doing more activity, and eating more healthily. To be eligible you should live in Solihull or have a Solihull GP.

For more information, or to refer over the phone, please call Gateway on 0800 599 9880. You can also refer online at www.gatewayfs.org/SILSreferral.

CLIENT DETAILS

First name _____ Last name _____

Address _____

Post code _____

Contact number _____ Email (if known) _____

Date of birth ____/____/____ Age _____ Gender Male / Female

Interpreter needed? Y / N If yes, which language? _____

If this is a self-referral, tick here: If you are referring someone else, tick here to confirm that the client consents to this referral:

LIFESTYLE AREAS

Smoker Low physical activity
 BMI 30+ Low wellbeing
 BMI 25+

Other risk factors (please detail) _____

Height (if known) _____ Weight (if known) _____ BMI (if known) _____

Any other relevant information _____

REFERRER DETAILS

First name _____ Last name _____

Where are you referring from? _____

Contact number _____

Solihull First
for advice and support

 **gateway**
Family Services CIC